

Training Courses

Training Courses on offer at South Staffordshire Council's leisure centres

National Pool Lifeguard Qualification Course

Course Dates	Course Venue
March 25 th – March 30 th 2024	Cheslyn Hay Leisure Centre
May 27 th – June 1 st 2024	Penkridge Leisure Centre
August 5 th – August 10 th 2024	Wombourne Leisure Centre
August 19 th – August 24 th 2024	Cheslyn Hay Leisure Centre
October 28 th – November 2 nd 2024	Cheslyn Hay Leisure Centre

STA Level 2 Award in Teaching Swimming

Course Dates	Course Venue
March 24 th – March 29 th 2024	Wombourne Leisure Centre
August 18 th – August 23 rd 2024	Wombourne Leisure Centre
July 21 st – July 26 th 2024	Cheslyn Hay Leisure Centre

STA Level 2 Certificate in Teaching Swimming

Course Dates	Course Venue
April 2 nd – April 5 th 2024	Wombourne Leisure Centre
August 6 th – August 9 th 2024	Codsall Leisure Centre
October 29 th – November 1 st 2024	Wombourne Leisure Centre

STA Level 2 Safety Award for Teachers/Helpers

Course Dates	Course Venue
Monday, August 5 th 2024	Codsall Leisure Centre
Monday, October 28 th 2024	Wombourne Leisure Centre

Aquatic Helper Course

Course Dates	Course Venue
Monday, July 29 th 2024	Penkridge Leisure Centre
Monday, September 2 nd 2024	Wombourne Leisure Centre

Course dates are subject to change and places are limited. Advanced booking is essential.

For full details on courses, scan the QR code or visit <https://www.sstaffs.gov.uk/sports-and-fitness/training-and-courses>



Cheslyn Hay Leisure Centre • Tel: 01922 417790 • Email: cheslynhay@sstaffs.gov.uk
 Codsall Leisure Centre • Tel: 01902 844032 • Email: codsall@sstaffs.gov.uk
 Penkridge Leisure Centre • Tel: 01785 714152 • Email: penkridge@sstaffs.gov.uk
 Wombourne Leisure Centre • Tel: 01902 898202 • Email: wombourne@sstaffs.gov.uk

www.sstaffs.gov.uk/leisure • trainingacademy@sstaffs.gov.uk



Training Courses

Course Requirements

National Pool Lifeguard Qualification

Candidates must be 16 years+; be able to swim 100m front and 100m back stroke continuously; be able to retrieve a manakin from the deepest part of the pool; be able to swim 50m in 60 seconds. To check availability and book, email trainingacademy@sstaffs.gov.uk. Course cost: £280 per person

STA Level 2 Award in Teaching Swimming

Candidates must be 16 years+; register with STA (Swimming Teachers Association); commit to completing homebased work; must have 100% attendance for the course.

To check availability and book, email trainingacademy@sstaffs.gov.uk.

Course cost: £295 per person.

STA Level 2 Certificate in Teaching Swimming

This course is open to all teachers who hold the STA L2 Award in Teaching Swimming and is the next step to enable you to teach higher level groups.

Candidates must be 16 years+; must hold current membership with STA (Swimming Teachers Association); must commit to completing homebased work; must have 100% attendance for the course. To check availability and book, email trainingacademy@sstaffs.gov.uk.

Course cost: £295 per person.

STA Level 2 Safety Award for Teachers/Helpers

This course is designed to provide skills required when working in a pool where there may be no permanent lifeguard with training to assist where rescues may be required.

Candidate must be 14 years+; be able to swim 25m, be able to recover a manakin from the deep part of the pool. To check availability and book, email trainingacademy@sstaffs.gov.uk.

Course cost: £95 per person.

Aquatic Helper Course

This course is designed to inform on the skills required when supporting and assisting children in the water. Aquatic helpers are not qualified teachers and will always be under the direct supervision of a fully qualified teacher.

Candidates must be 14 years+; must be able to swim 25m unaided; tread water for 1 minute; be prepared to perform a rescue of a manakin from the bottom of the pool. Post course - complete 12 hours voluntary work with a swim school prior to being awarded the Aquatic Helper Certificate. To check availability and book, contact the leisure centre direct.

Course cost: £65 per person.

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